

# KYNETON PONY CLUB

## NEWSLETTER

December 2023

### Upcoming Birthdays

#### December

17<sup>th</sup> – Issy Fraser

#### January

3<sup>rd</sup> – Velvet Mancuso

### Upcoming Events

#### December

10<sup>th</sup> – Central Zone PC Dressage Championship 2023

17<sup>th</sup> – Gisborne PC Show Jumping

#### January

12<sup>th</sup>-14<sup>th</sup> – Gisborne PC Eventing Clinic

21<sup>st</sup> – Corio & Moorabool PC CTD



### THE COMMITTEE

#### President:

Cassandra Waters

[kynetonponyclub.president@gmail.com](mailto:kynetonponyclub.president@gmail.com)

#### Vice-President:

Sophie Bickford

#### Secretary:

Leah Agius

[kynetonpcsecretary@gmail.com](mailto:kynetonpcsecretary@gmail.com)

#### Treasurer:

Lisa Kennedy

[alkina1@bigpond.com.au](mailto:alkina1@bigpond.com.au)

#### District Commissioner (DC):

Bridget Fraser

[kynetonponyclub.dc@gmail.com](mailto:kynetonponyclub.dc@gmail.com)

#### Uniform Co-Ordinator:

The Committee

[kynetonpcuniform@gmail.com](mailto:kynetonpcuniform@gmail.com)

# Presidents Message

## November Rally

Great weather with a great rally. Our rally was lessons for the first half and then set-up cross country and final maintenance on the grounds preparing for the weekend of our big Comp. Everyone did a fabulous job of pitching in a getting the jobs done. The grounds looked awesome at the end of the day.

## Horse Trials, Combined Training & SuperCross Day

What a lovely weekend we had with the weather. Thank you to all families that helped with Volunteering and especially the ones that helped out with more than one shift. All your help was greatly appreciated. We did run about 1hr behind schedule due to a few falls in the higher grades and ambulances required, which cannot be helped. We have had heaps of feedback that the new course was great and challenging which is what we want to hear. We can look forward to a relaxing couple of months before we plan our Combined Training Day early next year and then again we will do our Horse Trials over 2 days again in November.

## December Rally

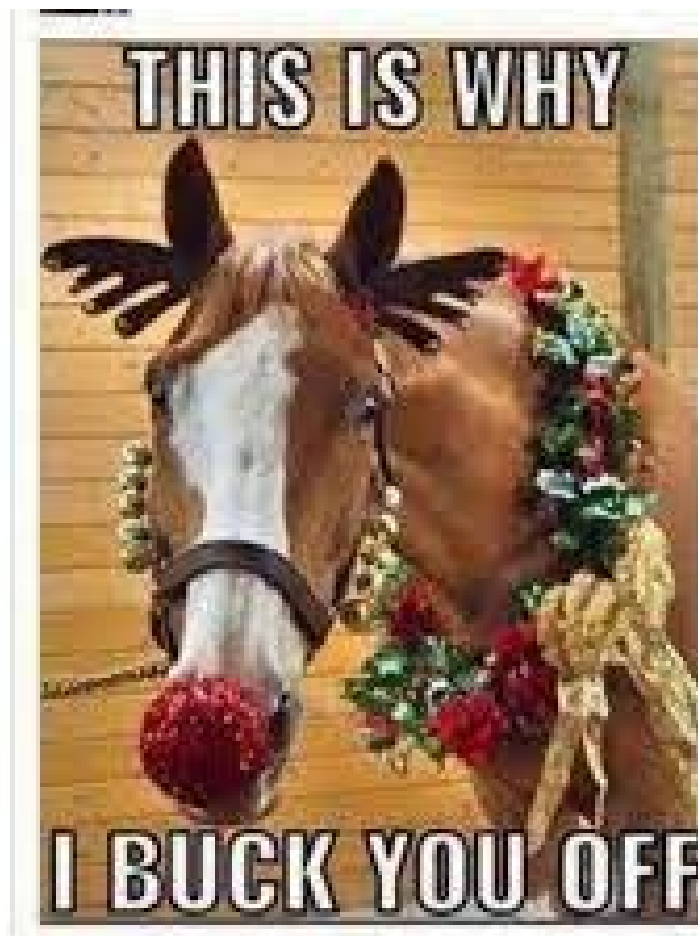
Bridget has organized a nice relaxing final rally for 2023, with a trail ride on Saturday afternoon, camping Saturday night, polocrosse on Sunday, followed by a BBQ lunch.

If you could please let Bridget know if you are attending some or all of the weekend so we can get the catering right for both days

I hope everyone can make our final rally for 2023.

Look forward to seeing everyone on Saturday/Sunday

Cassandra



# Get to know a Rider

## Marigold Joyner

1. *How old are you and when is your birthday?*  
13 years old and my birthday is November 5th
2. *How long have you been interested in horse riding and riding horses?*  
I have always liked horses and have been riding for around 4 years
3. *How many people in your family ride horses?*  
My Mum and me
4. *How many horse(s) do you and your family have?*  
We have 3 horses
5. *What are your horse(s) names, breed and ages?*  
Jekka 18yo Welsh  
JJ 21yo welsh with bit of arab  
Essie 13yo OTTB
6. *What treats do your horse(s) like?*  
Licorice, smoochies and apples
7. *Do you live on Acreage?*  
We have 20 acres
8. *What is your favourite Competition type and why?*  
I love show jumping because I love taking tight turns and going fast around the course
9. *Where do you like to go riding?*  
I love going on trail rides down on the dirt roads near my house
10. *What is one thing you would tell someone who is interested in starting to ride horses?*  
Its hard at times, but its worth it and so much fun



# Out & About



Makayla on Izar @ KPC Horse Trials



Makayla on Carter @ KPC Horse Trials

# Out & About



Natalia on Rex, Makayla on Izar @ KPC Horse Trials



Kiara with Nick & Beau @ KPC Horse Trials

Nick - PC Grade 2 - 1<sup>st</sup> in Horse Trials

Beau - Open Grade 4 - 6<sup>th</sup> in Horse Trials

# Out & About



Kiara & Nick - Ballarat Horse Trials  
PC Grade 2 - 6th



Ruby & Rupert @ Ballarat Horse Trials

# Horses need R & R too.

Just as you need your rest and sleep so does your horse.

Physical and mental rest is important for recovery for horses in training or those overcoming illness or injury.

Horses just don't need all their sleep at one time like you. In the wild, they had to be prepared to flee from predators. They generally don't sleep all night, and they might spend 2-4 hours a day dozing or napping, and can rest by standing motionless. They can do this because of a special system of tendons and ligaments which lock their major joints. They can rest on the ground in both sternal (upright) and lateral (flat on side), as in photo.

Some things to remember:

- Equine friends make them feel safe enough to lay down and rest (There might be one awake and on lookout)
- If your paddock has a lot of rocks, you might need to clear a space or add some sand or soil for a sleeping spot
- Horses that have less sleep due to prolonged activities may see some health deterioration
- If your horse is stabled, you might need to allocate some quiet time for them to rest, usually at night (eg no traffic nearby, lawnmowers, loud radios)
- If your horse lays down for more than several hours, you may need to call a vet. Lungs, heart and intestines do not function well in down horses.

Horses can get 'cast' against a fence or stable wall. They may need help from an experienced person to roll them over and away from the barrier to allow them to get up.

Old horses may have trouble getting up, and may sleep more standing up.

Promoting good sleep and rest behaviour in horses ensures that you're giving your equines the opportunity to maintain and heal themselves whenever they need to.



# Horse Breeds

## Australian Stock Horse

### Origin - Australia

The Australian Stock Horse, has been especially bred for Australian conditions.

It is a hardy breed of horse noted for endurance, agility, and good temperament. Its ancestry dates to the arrival of the first horses in Australia, brought from Europe, Africa and Asia. It is used today in a wide variety of disciplines, and is still valued as a working horse by stockmen and stockwomen throughout Australia.

Formal recognition of Australian Stock Horse as a distinct breed began in June 1971, when over 100 campdrafters and horse breeders met in Tamworth, NSW, to form the Australian Stock Horse Society. Many of these people bred stock horses using bloodlines tracing back to native stock, along with some Arabians, Thoroughbreds, and a few ponies of outstanding merit. Most of the early ASH registrations were of horses bred with bloodlines that excelled at both campdrafting and cattle work in the rugged Great Dividing Range.

The Stock Horse is bred for intelligence, courage, toughness and stamina. The horse will be sound, agile and quick moving with a sure-footed walk. It will have a calm, responsive temperament. All colours are acceptable. Heights ranges from 14 to 16.2 hands.





# Pole Exercises

## 3a. Fan

Purple Route - A pole series on a circle develops the horse's agility, lateral suppleness and your guidance. Remember to look in the direction of movement and maintain impulsion towards the point on each pole where the horse will have the correct distance in relation to stride and pace. The horse should be flexed and bent in the direction of movement.

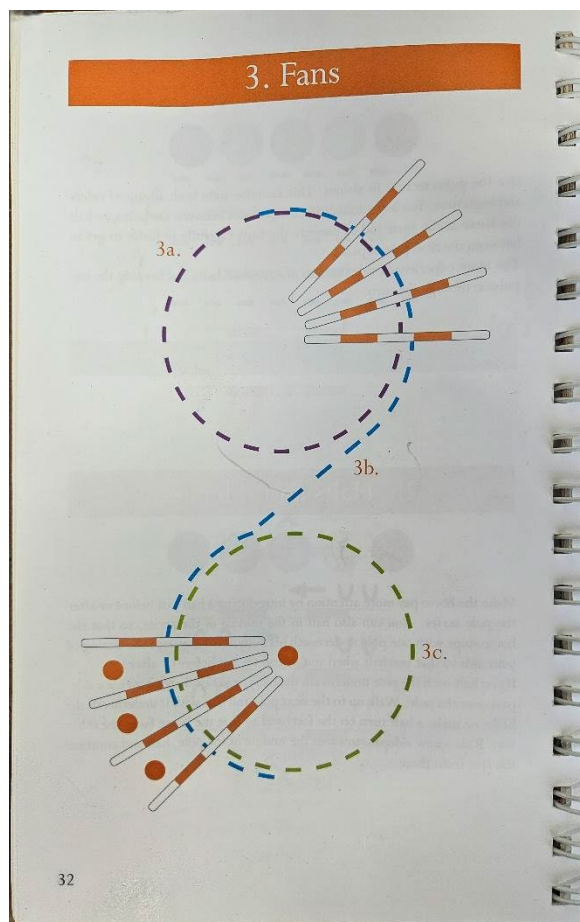
## 3b. Serpentine with fans

Blue Route - Place two or more pole series in succession but turned in different directions so that you can ride a serpentine. This exercise develops your control of the bending and flexing inside aids as well as the framing outside aids. It will also encourage you to quickly but softly change these between the pole series.

## 3c. Framing the fan

Green Route - If you have a problem with your horse pushing his shoulder out and ending up outside the poles at the end of the pole series, you need to put more effort into turning the horse with your seat and your outside aids. The inside aids should just be flexing and bending; don't start to pull strongly on the inside rein.

To assist you with the framing, you can place cones or cavaletti stands along the sides of the fan. The horse will then turn more independently, which will allow you to relax and follow and get the right feeling of how you and your horse are balanced through the turn.



# Kyneton Pony Club

## Uniform Price List

as at March 2021

<b>Polo's</b>	Short Sleeve	\$	40.00
	Long Sleeve	\$	40.00
<b>Jumpers</b>	Woollen Size 5-7	\$	60.00
	Woollen Size 7-10	\$	65.00
	Woollen Size 12-16	\$	75.00
	Rugby	\$	40.00
	Hoodie Kids	\$	56.00
	Hoodie Adults	\$	60.00
<b>Jackets</b>	Thick Jackets	\$	75.00
	Soft Shell Jackets	\$	75.00
	Tracksuit Kids	\$	60.00
	Tracksuit Adults	\$	65.00
<b>Pants</b>	Tracksuit Kids	\$	35.00
	Tracksuit Adults	\$	36.00
<b>Saddle Pads</b>	Full	\$	89.00
	Pony	\$	75.00
<b>Ties</b>		\$	25.00
<b>Caps</b>		\$	15.00
<b>Scarves</b>		\$	5.00
<b>Badge</b>		\$	10.00
<b>Medical Arm Bands</b>	Small	\$	20.00
	Large	\$	30.00
<b>Grading Card Holder</b>		\$	5.00

# *Syllabus of Instruction (Certificates) V's Grading*

The information below is to provide an understanding of the difference between the Syllabus of Instruction and Grading.

## **Syllabus of Instruction**

The Pony Club Australia Syllabus of Instruction is built on Certificate levels that enable the rider to continuously develop their skills in Riding, Horse Care and Citizenship. Members are encouraged to move through the Certificates at their own pace, but in the following order E, D, D\*, C, C\* or K, B, A.

Books for each Certificate can be purchased through your JustGo membership portal. These books are a fantastic way to improve your practical and riding ability through the Pony Club guidelines.

I recommend riders work through these books and when you complete a book, let me know so you can be assessed at a rally, passed, and then receive your certificate of completion. You will then be ready to move onto your next book.

## **Grading**

Typically, Gradings are used for riders who compete, even if it's just a couple of times a year. If you are a rider who doesn't compete, gradings are also a terrific way to track how you and your horse are progressing as a combination (horse / rider).

Grading is an assessment of the horse / rider combination.

If you change horses, this is a different combination, and the grading process will start again.

When you are graded, you can be graded on a number of different disciplines and types of competitions. These are:

- Dressage only
- Show Jumping only
- Horse Trials - Dressage, Show Jumping and Cross Country
- Combined Training Days - Dressage and Show Jumping

When you ask to be graded (ask your DC), the grading process will ensure you are competent in the disciplines you want to be graded in. This means you can successfully jump the height allocated to that grade and competently complete dressage. It's always best to start at the lowest grade and work your way up and remember, there's no hurry for you and your horse to move up the grades.

For most Disciplines / Sports, Grading starts at Grade 6 and works up to Grade 1, and then Advanced.

Show Jumping is the only discipline that starts at Grade 5 and works up to the Advanced level.

If you are unsure if you are ready to be Graded and / or at what level, it's always good to talk to the Instructors at Pony Club, or if you have a private instructor, talk to them too.

# KPC Code of Conduct

PCAV Code of Conduct 2010

The Pony Club Association of Victoria's Code of Conduct outlines behaviours that are expected of every person involved in our organisation, as well as identifying the types of behaviours that will not be tolerated. It applies to members, officials, adult supporters, coaches, instructors, spectators, family, friends, administrators and other members of our diverse pony club community. It applies to all PCAV, Zone and Club sanctioned activities.

The Pony Club Association of Victoria's Code of Conduct supports everyone to have fun in a friendly and inclusive environment.

## Our Values and Behaviours

### **Respect and Recognition**

- I will treat others as I would like to be treated
- I will treat everyone with dignity, courtesy and respect
- I will appreciate performances by all participants
- I will value and recognise good behaviours and the contribution of all
- I will communicate openly and provide constructive supportive feedback

### **Caring**

- The welfare of the horse is paramount
- I will be considerate of others
- I will encourage others to participate but I won't force the issue
- I will never resort to verbal abuse, harassing behaviour, hostility or aggression

### **Integrity**

- I will be open, honest and trustworthy
- I will do what I say
- I will be a Good Sport and encourage others to do the same
- I will not make any disparaging or belittling remarks about others
- I will abide by the Code of Conduct

### **Inclusion**

- I will support and help others
- I will be flexible and responsive to people's needs
- I will work collaboratively to achieve the best outcomes
- I will encourage the participation of all regardless of ability, age, gender, sexual orientation, race, culture or religion
- I will contribute towards an enjoyable and safe environment for all

# Our Sponsors 2023 -2024



Loving & Compassionate  
Care *Always!*



CHIROPRACTIC LIFE

## BROADHURST

Macedon Ranges | Central Highlands | Spa Country

The logo for Eve-Trans Kyneton Transport &amp; Logistics is set against a solid blue background. The words "EVE-TRANS" are written in a large, white, bubbly, stylized font with a blue drop shadow. Below this, the word "KYNETON" is written in a smaller, white, bold, sans-serif font. At the bottom, the words "TRANSPORT &amp; LOGISTICS" are written in a red, bold, sans-serif font.

Thank You for your donation.

2023



Macedon Ranges  
Ag Machinery  
Kyneton



Shea Family

Beryl Tobin

**Michael O'Sullivan**