

KYNETON PONY CLUB NEWSLETTER

February 2024

Upcoming Birthdays

February

6th – Tessa Leight

Upcoming Events

February

3rd – KPC Freshmans ShowJumping Day

4th – KPC Rally

10th – PCV Mounted Games Skill Clinic & State Team Squad
Selections

11th – Gear Check Accreditation Course

17th-18th – Gisborne PC Horse Trials

25th – Glenlyon PC Horse Trials

March

17th – Mandurang South PC HT & CT Day



THE COMMITTEE

President:

Cassandra Waters

kynetonponyclub.president@gmail.com

Vice-President:

Sophie Bickford

Secretary:

Leah Agius

kynetonpcsecretary@gmail.com

Treasurer:

Lisa Kennedy

alkina1@bigpond.com.au

District Commissioner (DC):

Bridget Fraser

kynetonponyclub.dc@gmail.com

Uniform Co-Ordinator:

The Committee

kynetonpcuniform@gmail.com

Presidents Message

I hope everyone had a nice break and everyone feels relaxed and ready for what 2024 will bring you.

Freshmans Show Jumping

We have our first fundraiser for the year, organized by Kiara. Please help her out any which way you can.

Rally

This is our first rally for the year, please ensure you have signed up as a club supporter or riding member before you attend they rally. Also remember to let our DC - Bridget know if you are attending and on which horse.

Memberships

Reminder that we do have some new types of membership now applicable to our club. For you to have access to these you need to email a committee member. All Memberships now can be PAYG - if you are financially struggling or if you are not sure how many rallies you will attend, this is one way to sign up, get your insurance coverage and then just pay for the rallies as you attend. We are also making available to non-members the option to be an annual user of the arenas, again they need to approach the committee for details on this.

I look forward to seeing you all on Sunday.

Thanks
Cassandra



Get to know a Rider

Mikayla Webster

- 1. How old are you and when is your birthday?*
I'm 13 and my birthday is March 29th.
- 2. How long have you been interested in horse riding and riding horses?*
I have loved horses my whole life. I have been riding since I was 5 years old.
- 3. How many people in your family ride horses?*
Three.
- 4. How many horse(s) do you and your family have?*
Three
- 5. What are your horse(s) names, breed and ages?*
Sunny, Australian riding pony, 12
Ellie, Thoroughbred, 9
Preaky, Thoroughbred, 6
- 6. What treats do your horse(s) like?*
Sunny loves everything.
Ellie loves licorice and smoochies.
Preaky loves smoochies.
- 7. Do you live on Acreage?*
No, we agist.
- 8. What is your favourite Competition type and why?*
Showjumping competitions because you can go as fast as you feel.
- 9. Where do you like to go riding?*
Out on the cross country course.
- 10. What is one thing you would tell someone who is interested in starting to ride horses?*
It can be hard at times but never give up.

Out & About

Rose & Mac at
Jumping Squad



Out & About

Makayla & Izar at
Gisborne Eventing Clinic



Makayla & Carter at
Gisborne Eventing Clinic



Out & About



Boyd Exell - Carriage Driving Champion

Current:
6x FEI World Champion for Four-in-Hand Driving
10x FEI World Cup Indoor Driving Champion



Boots or Bandages

Boots and bandages are often applied to protect the horse's legs from brushing, from knocks while jumping or in fast sports like polocrosse and horseball – not to look pretty. In hot weather especially they trap heat in the legs, so you need to remove them as soon as you finish riding.

When covering your horse's legs for protection (as opposed to bandages to cover an injury) there are some important things to remember:

- Boots and bandages should be fitted firmly to prevent slipping but not tight so that they restrict blood flow.
- There should be no sand or grit under the boot and the boot should be fastened with straps pointing backward (and wash them often to remove sweat and dirt)
- Once fastened, a finger should fit snugly between the boot and the leg.
- Exercise bandages must always have padding underneath to prevent pressure points.
- The bandages should extend from just below the knee to half way over the fetlock joint and be applied with even pressure throughout.
- Boots and bandages will trap heat in the legs, preventing them from cooling efficiently during work. This can contribute to damage to the tendons over time if the horse is worked in hot conditions or does a lot of strenuous work.
- Bandages and boots should always be removed immediately after exercise to allow the legs to begin cooling quickly.



Horse Breeds

Breeds

Australian Riding Pony

Origin - Australia

The Australian Riding Pony is a breed of pony developed in Australia since the 1970s. It has been greatly influenced by the British Riding Pony, the Thoroughbred and Arabian bloodlines. These ponies are small copies of elegant show hacks, developed from English Riding Pony bloodlines. They range in height from 12.2 to 14.2 hands (50 to 58 inches, 127 to 147 cm) in contrast to the Australian Pony breed, which does not exceed 14 hands (56 inches, 142 cm). Australian Riding Ponies have a free-flowing, lower action than many of the older pony breeds. Australian Riding Ponies are of one of the solid colors, with small heads and ears. Today, the pony is mainly used as a children's show mount and for small adult riders. They compete in dressage, show jumping, combined driving, gymkhana, mounted games, and horse shows.



POLE EXERCISES

Crisscross Part 2

CIRCLES IN CRISSCROSS

Blue Route: Ride in a big circle, over the outer poles in trot or canter.

Red Route: Increase your horse's attention by circling through the box once in a while.

CIRCLE OVER CRISSCROSS

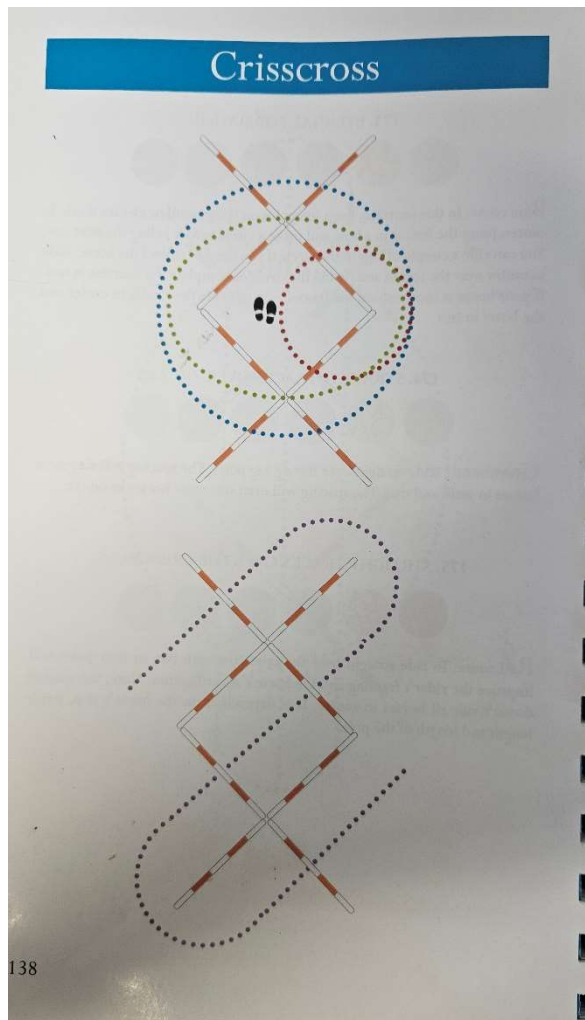
Green Route: Ride straight over the crisscross. This exercise emphasises the rider's ability to frame the horse and plan the route. The horse has to maintain forward thinking to keep a straight line over the poles without wavering.

GROUNDWORK

Blue and green route: Use the blue and green track in both lunging and long reining. Practice to place the horse where you want him to cross the poles in the circle.

SERPENTINE OVER POLES

Purple route: This serpentine helps you practice the straight tracks and neat turns and can even be ridden in a figure of eight shape. Keep all the poles on the group or elevate them to small fences. If you ride the exercise in canter you can make a flying change over the last in the box.



Kyneton Pony Club

Uniform Price List

as at March 2021

Polo's	Short Sleeve	\$	40.00
	Long Sleeve	\$	40.00
Jumpers	Woollen Size 5-7	\$	60.00
	Woollen Size 7-10	\$	65.00
	Woollen Size 12-16	\$	75.00
	Rugby	\$	40.00
	Hoodie Kids	\$	56.00
	Hoodie Adults	\$	60.00
Jackets	Thick Jackets	\$	75.00
	Soft Shell Jackets	\$	75.00
	Tracksuit Kids	\$	60.00
	Tracksuit Adults	\$	65.00
Pants	Tracksuit Kids	\$	35.00
	Tracksuit Adults	\$	36.00
Saddle Pads	Full	\$	89.00
	Pony	\$	75.00
Ties		\$	25.00
Caps		\$	15.00
Scarves		\$	5.00
Badge		\$	10.00
Medical Arm Bands	Small	\$	20.00
	Large	\$	30.00
Grading Card Holder		\$	5.00

Syllabus of Instruction (Certificates) V's Grading

The information below is to provide an understanding of the difference between the Syllabus of Instruction and Grading.

Syllabus of Instruction

The Pony Club Australia Syllabus of Instruction is built on Certificate levels that enable the rider to continuously develop their skills in Riding, Horse Care and Citizenship. Members are encouraged to move through the Certificates at their own pace, but in the following order E, D, D*, C, C* or K, B, A.

Books for each Certificate can be purchased through your JustGo membership portal. These books are a fantastic way to improve your practical and riding ability through the Pony Club guidelines.

I recommend riders work through these books and when you complete a book, let me know so you can be assessed at a rally, passed, and then receive your certificate of completion. You will then be ready to move onto your next book.

Grading

Typically, Gradings are used for riders who compete, even if it's just a couple of times a year. If you are a rider who doesn't compete, gradings are also a terrific way to track how you and your horse are progressing as a combination (horse / rider).

Grading is an assessment of the horse / rider combination.

If you change horses, this is a different combination, and the grading process will start again.

When you are graded, you can be graded on a number of different disciplines and types of competitions. These are:

- Dressage only
- Show Jumping only
- Horse Trials - Dressage, Show Jumping and Cross Country
- Combined Training Days - Dressage and Show Jumping

When you ask to be graded (ask your DC), the grading process will ensure you are competent in the disciplines you want to be graded in. This means you can successfully jump the height allocated to that grade and competently complete dressage. It's always best to start at the lowest grade and work your way up and remember, there's no hurry for you and your horse to move up the grades.

For most Disciplines / Sports, Grading starts at Grade 6 and works up to Grade 1, and then Advanced.

Show Jumping is the only discipline that starts at Grade 5 and works up to the Advanced level.

If you are unsure if you are ready to be Graded and / or at what level, it's always good to talk to the Instructors at Pony Club, or if you have a private instructor, talk to them too.

KPC Code of Conduct

PCAV Code of Conduct 2010

The Pony Club Association of Victoria's Code of Conduct outlines behaviours that are expected of every person involved in our organisation, as well as identifying the types of behaviours that will not be tolerated. It applies to members, officials, adult supporters, coaches, instructors, spectators, family, friends, administrators and other members of our diverse pony club community. It applies to all PCAV, Zone and Club sanctioned activities.

The Pony Club Association of Victoria's Code of Conduct supports everyone to have fun in a friendly and inclusive environment.

Our Values and Behaviours

Respect and Recognition

- I will treat others as I would like to be treated
- I will treat everyone with dignity, courtesy and respect
- I will appreciate performances by all participants
- I will value and recognise good behaviours and the contribution of all
- I will communicate openly and provide constructive supportive feedback

Caring

- The welfare of the horse is paramount
- I will be considerate of others
- I will encourage others to participate but I won't force the issue
- I will never resort to verbal abuse, harassing behaviour, hostility or aggression

Integrity

- I will be open, honest and trustworthy
- I will do what I say
- I will be a Good Sport and encourage others to do the same
- I will not make any disparaging or belittling remarks about others
- I will abide by the Code of Conduct

Inclusion

- I will support and help others
- I will be flexible and responsive to people's needs
- I will work collaboratively to achieve the best outcomes
- I will encourage the participation of all regardless of ability, age, gender, sexual orientation, race, culture or religion
- I will contribute towards an enjoyable and safe environment for all

Our Sponsors 2023-2024



Loving & Compassionate
Care *Always!*



CHIROPRACTIC LIFE

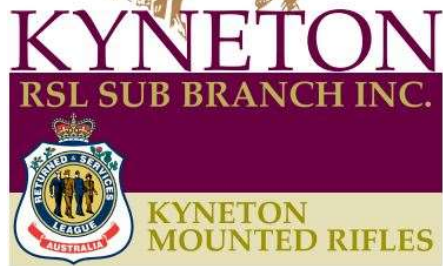
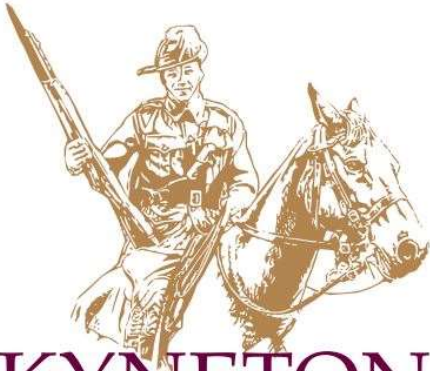
BROADHURST

Macedon Ranges | Central Highlands | Spa Country



Thank You for your donation.

2023



**Macedon Ranges
Ag Machinery**
Kyneton



Shea Family

Beryl Tobin

Michael O'Sullivan