

# KYNETON PONY CLUB NEWSLETTER

November 2023

## Upcoming Birthdays

### November

5<sup>th</sup> – Marigold Joyner

15<sup>th</sup> - Kiara Vallance

19<sup>th</sup> – Makayla Waters

## Upcoming Events

### November

5<sup>th</sup> – KPC Rally

**11/12<sup>th</sup> – KPC Horse Trials, CTD & SX**

19<sup>th</sup> – Whittlesea PC Dressage Day

19<sup>th</sup> – Macedon PC & Open Dressage Day

25<sup>th</sup>-26<sup>th</sup> – Ballarat PC Horse Trials

### December

10<sup>th</sup> – Menton PC Horse Trials

17<sup>th</sup> – Gisborne PC Show Jumping



## THE COMMITTEE

### President:

Cassandra Waters

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### Vice-President:

Sophie Bickford

### Secretary:

Leah Agius

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### Treasurer:

Lisa Kennedy

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### District Commissioner (DC):

Bridget Fraser

kynetonponyclub.dc@gmail.com

### Uniform Co-Ordinator:

The Committee

kynetonpcuniform@gmail.com

# Presidents Message

## October Rally

The day started of quite windy but settled with the sun out all day. We had a great day, where we hosted Dressage, Show Jumping, Cross Country and Theory. All our riders got to check out some of our new jumps on the cross country course too

## Working Bees/XC Rebuild

What a month it has been, we have had working bees every weekend to get this course done. We had the XC Accreditor come on Friday, and with changes to be made, we will be good to go for the Competition. We still have a lot of manual tasks that need to be done on Sunday to get everything ready for the big weekend. If members can please bring, whipper snippers, shovels, utes/trailers if they have them, power tools. If we work together we can get it all done.

## November Rally

This rally will be a half-day with 2 lessons in the morning and the second half is where we will finalise the set-up of our cross country course for our Horse Trails/Combined training & Super Cross day for next weekend.

Look forward to seeing everyone on Sunday  
Cassandra



# Get to know a Rider

## Rose Coleman

- 1. How old are you and when is your birthday?*  
13 years old and my birthday is July 6<sup>th</sup>
- 2. How long have you been interested in horse riding and riding horses?*  
I've been interested since I was young and have been riding for around 5 years
- 3. How many people in your family ride horses?*  
None, just me
- 4. How many horse(s) do you and your family have?*  
I have 2 which I look after myself.
- 5. What are your horse(s) names, breed and ages?*  
Mac, 9 years old, 15.2 OTT Andy, 21 years old, 15.2, OTT
- 6. What treats do your horse(s) like?*  
Mac's favorite is definitely licorice and apples, Andys are carrots and smoochies
- 7. Do you live on Acreage?*  
Yes, I do 6 acres
- 8. What is your favourite Competition type and why?*  
Even though I've always loved eventing and it's been my favourite, at the moment Mac is quite green out cross country and I don't really have brakes so ill have to say show jumping days as they're fun and Mac loves it the most.
- 9. Where do you like to go riding?*  
The pony club.
- 10. What is one thing you would tell someone who is interested in starting to ride horses?*  
You have to be committed to the sport and accept the fact that progress takes time and effort.



# Out & About



Ash - helping out at the working bee



Rose on Mac - Grade D  
@ Williamstown Show Jumping Day  
3<sup>rd</sup> in Top Score



Makayla on Izar - Grade F  
@ Williamstown Show Jumping Day  
4<sup>th</sup> in Top Score & 3<sup>rd</sup> in 2 Round



Kiara @ Williamstown Show Jumping Day  
Nick (Gr C) - 3<sup>rd</sup> Top Score, 2<sup>nd</sup> 2Round, Res Champion  
Beau (Gr E) - 3<sup>rd</sup> Top Score, 3<sup>rd</sup> 2Round



# Out & About



Natalia on Rex - Grade F @ Harcourt Show Jumping Day - 4th



Natalia on Rex @ Fimister Shield,  
Woodlands PC - Grade F  
2Phase - 10<sup>th</sup>, 2Round - 2<sup>nd</sup>  
Overall - 5<sup>th</sup>



Makayla on Izar @ Fimister Shield,  
Woodlands PC - Grade F  
2Phase - 2<sup>nd</sup>, 2Round - 5<sup>th</sup>  
Overall - 4th



# Out & About



## Presidents Cup Winners

For those of you who don't know what the President's Cup is; You compete at a number of Show Jumping competitions in the central zone and accrue points for each placing 1-6, then at the end of the year all your points are Talled and winners are presented with ribbons. Some of our riders had a great year this year.

Carter: Showing off Kiara & Rose's Ribbons as they were collected at the Fimister Shield on the weekend.

Kiara on Nick - 3<sup>rd</sup> in Grade C  
Rose on Mac - 2<sup>nd</sup> in Grade D  
Makayla on Izar - 4<sup>th</sup> in Grade F

# Half Halt Simplified

What is a half halt? Half halts balance your horse by keeping him straight and in the correct frame; not too high, too low, too long or too short. From the first moment you sit on a 3-year-old, you need half halts. Then, throughout your horse's entire career, balancing half halts help him develop his body correctly. Horses are all different; some need to be pushed forward and others need to be kept from running, but frequent half halts balance all horses.

Although a book could be written about the half halt, the most important thing to remember is what not to do. The most common problems occur because riders half halt primarily with the hand. Even though half halts are often referred to (even in this article) as being done with one or both hands, they always start with pushing aids of the leg, weight and upper body - combined with a steady hand. That is what improves the horse's balance - which is the result you want.

## The half halt rein aids

In Germany, dressage students learn four different rein aids. The first two rein aids are not the ones you use in a half halt. The third aid is the one normally used in a half halt, and the fourth is the one used for stronger half halt when the normal half halt doesn't work.

All riders should be educated about these rein aids. When the rider half halts, he pushes against a steady hand, which closes the horse's frame from behind without shortening the neck.

Half halts transform the forward motion of the horse into a more uphill carriage. They collect the horse more and more.

## The Rein Aids

1. **Giving Rein;** to go more forward, such as in a trot extension, I push with my seat and legs and open my fingers to allow the horse to go more forward. This giving rein is the softest of the four rein aids.
2. **Light Contact;** When the horse is perfect, the rider simply follows his mouth with a light contact.
3. **Half Halting Rein;** With this rein aid, instead of following, the hand is steady. If the horse is 'through' and you push against this steady hand, his frame closes from behind so he carries more weight on his hind legs. For example, to go from a forward trot to a collected trot, the rider half halts by keeping the hands steady and pushing against them. This half halt creates a more uphill frame and makes the horse lighter.
4. **Stronger Half Halting rein;** If your horse doesn't react to a normal half halt when you push against a quiet steady hand, you can bring the hand slightly back, turning the wrist a little bit and pushing even more into this steady hand. This half halt should make the horse rounder and more through so the normal half halt will work better. If the horse still doesn't react, the arm may come back for a very strong half halt. Then you always return to the light half halt. Strong half halts are to make the horse sensitive and light half halts keep him sensitive.

To read more information on Half Halts go to [dressagetoday.com](http://dressagetoday.com), 'The Half Halt Simplified'

# Horse Breeds

## Arabian

**Origin** - Arabian Peninsula & Middle East

The Arab horse has a distinctive head shape and high tail carriage, the Arabian is one of the most easily recognizable horse breeds in the world. It is also one of the oldest breeds, with archaeological evidence of horses in the Middle East that resemble modern Arabians dating back 4,500 years. Throughout history, Arabian horses have spread around the world by both war and trade, used to improve other breeds by adding speed, refinement, endurance, and strong bone. Today, Arabian bloodlines are found in almost every modern breed of riding horse.

The Arabian developed in a desert climate and was prized by the nomadic Bedouin people, often being brought inside the family tent for shelter and protection from theft. Selective breeding for traits, including an ability to form a cooperative relationship with humans, created a horse breed that is good-natured, quick to learn, and willing to please. The Arabian also developed the high spirit and alertness needed in a horse used for raiding and war. This combination of willingness and sensitivity requires modern Arabian horse owners to handle their horses with competence and respect.

The Arabian is a versatile breed. Arabians dominate the discipline of endurance riding and compete today in many other fields of equestrian sport. They are one of the top ten most popular horse breeds in the world. They are now found worldwide, including United States and Canada, the United Kingdom, Australia, Continental Europe, South America (especially Brazil) and their land of origin, the Middle East.





# POLE EXERCISES

## Straight track

You can use triangles in combination with a pole series and thereby get more exercises as a variation on ordinary pole series or cavetti. Purple route: Trot straight through the figure. The horse should go straight over the points of the triangles and not attempt to veer to the right nor the left. This is a good exercise for straightening and keeping cadence.

## Bows through the ship.

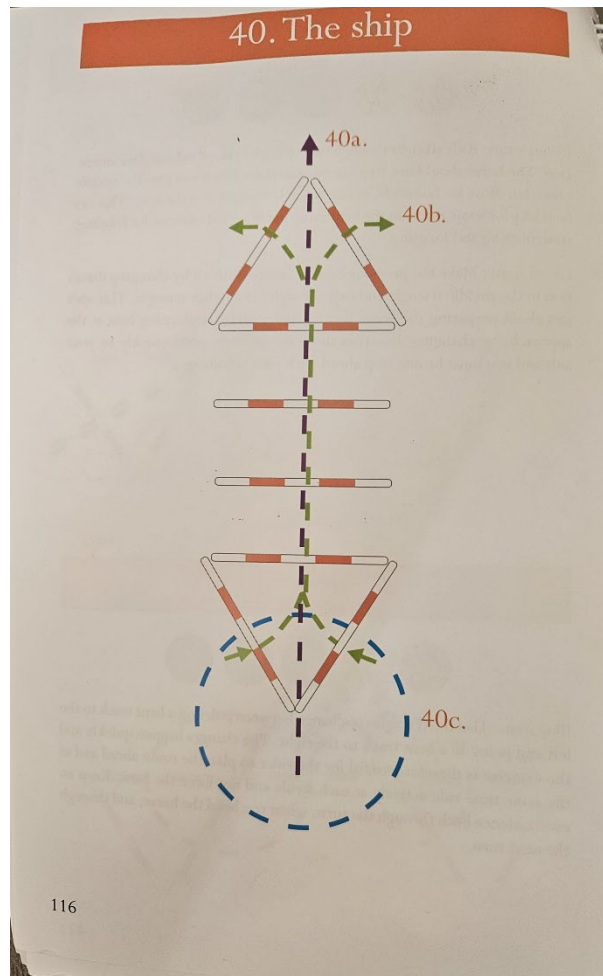
Green route: Enter in over trot over one of the triangle poles, straighten the horse, and ride straight over the pole series. Then you turn either to the left or the right over one of the triangle poles. This exercise demands not only forward planning, but also simultaneously riding each step without losing cadence or direction.

## Circle

Blue route: Practice circles over the triangle poles. If you change between this exercise and the previous routes, the horse needs to pay attention to where you are going. Remember to bend the horse around your inside leg and in that way prepare him for the right or left direction.

## TIP

Combine exercises A, B, C in different variations by changing between the way you enter the ship; (over the left triangles pole, the point of the triangle or the right triangle pole); how you exit the ship (over the left pole, the point of the triangle or the right triangle pole) and sometimes by just riding in a circle over a triangle.



# Kyneton Pony Club

## Uniform Price List

as at March 2021

<b>Polo's</b>	Short Sleeve	\$	40.00
	Long Sleeve	\$	40.00
<b>Jumpers</b>	Woollen Size 5-7	\$	60.00
	Woollen Size 7-10	\$	65.00
	Woollen Size 12-16	\$	75.00
	Rugby	\$	40.00
	Hoodie Kids	\$	56.00
	Hoodie Adults	\$	60.00
<b>Jackets</b>	Thick Jackets	\$	75.00
	Soft Shell Jackets	\$	75.00
	Tracksuit Kids	\$	60.00
	Tracksuit Adults	\$	65.00
<b>Pants</b>	Tracksuit Kids	\$	35.00
	Tracksuit Adults	\$	36.00
<b>Saddle Pads</b>	Full	\$	89.00
	Pony	\$	75.00
<b>Ties</b>		\$	25.00
<b>Caps</b>		\$	15.00
<b>Scarves</b>		\$	5.00
<b>Badge</b>		\$	10.00
<b>Medical Arm Bands</b>	Small	\$	20.00
	Large	\$	30.00
<b>Grading Card Holder</b>		\$	5.00

# *Syllabus of Instruction (Certificates) V's Grading*

The information below is to provide an understanding of the difference between the Syllabus of Instruction and Grading.

## **Syllabus of Instruction**

The Pony Club Australia Syllabus of Instruction is built on Certificate levels that enable the rider to continuously develop their skills in Riding, Horse Care and Citizenship. Members are encouraged to move through the Certificates at their own pace, but in the following order E, D, D\*, C, C\* or K, B, A.

Books for each Certificate can be purchased through your JustGo membership portal. These books are a fantastic way to improve your practical and riding ability through the Pony Club guidelines.

I recommend riders work through these books and when you complete a book, let me know so you can be assessed at a rally, passed, and then receive your certificate of completion. You will then be ready to move onto your next book.

## **Grading**

Typically, Gradings are used for riders who compete, even if it's just a couple of times a year. If you are a rider who doesn't compete, gradings are also a terrific way to track how you and your horse are progressing as a combination (horse / rider).

Grading is an assessment of the horse / rider combination.

If you change horses, this is a different combination, and the grading process will start again.

When you are graded, you can be graded on a number of different disciplines and types of competitions. These are:

- Dressage only
- Show Jumping only
- Horse Trials - Dressage, Show Jumping and Cross Country
- Combined Training Days - Dressage and Show Jumping

When you ask to be graded (ask your DC), the grading process will ensure you are competent in the disciplines you want to be graded in. This means you can successfully jump the height allocated to that grade and competently complete dressage. It's always best to start at the lowest grade and work your way up and remember, there's no hurry for you and your horse to move up the grades.

For most Disciplines / Sports, Grading starts at Grade 6 and works up to Grade 1, and then Advanced.

Show Jumping is the only discipline that starts at Grade 5 and works up to the Advanced level.

If you are unsure if you are ready to be Graded and / or at what level, it's always good to talk to the Instructors at Pony Club, or if you have a private instructor, talk to them too.



# KPC Code of Conduct

PCAV Code of Conduct 2010

The Pony Club Association of Victoria's Code of Conduct outlines behaviours that are expected of every person involved in our organisation, as well as identifying the types of behaviours that will not be tolerated. It applies to members, officials, adult supporters, coaches, instructors, spectators, family, friends, administrators and other members of our diverse pony club community. It applies to all PCAV, Zone and Club sanctioned activities.

The Pony Club Association of Victoria's Code of Conduct supports everyone to have fun in a friendly and inclusive environment.

## Our Values and Behaviours

### **Respect and Recognition**

- I will treat others as I would like to be treated
- I will treat everyone with dignity, courtesy and respect
- I will appreciate performances by all participants
- I will value and recognise good behaviours and the contribution of all
- I will communicate openly and provide constructive supportive feedback

### **Caring**

- The welfare of the horse is paramount
- I will be considerate of others
- I will encourage others to participate but I won't force the issue
- I will never resort to verbal abuse, harassing behaviour, hostility or aggression

### **Integrity**

- I will be open, honest and trustworthy
- I will do what I say
- I will be a Good Sport and encourage others to do the same
- I will not make any disparaging or belittling remarks about others
- I will abide by the Code of Conduct

### **Inclusion**

- I will support and help others
- I will be flexible and responsive to people's needs
- I will work collaboratively to achieve the best outcomes
- I will encourage the participation of all regardless of ability, age, gender, sexual orientation, race, culture or religion
- I will contribute towards an enjoyable and safe environment for all

# Our Sponsors 2023-2024



Loving & Compassionate  
Care *Always!*



CHIROPRACTIC LIFE

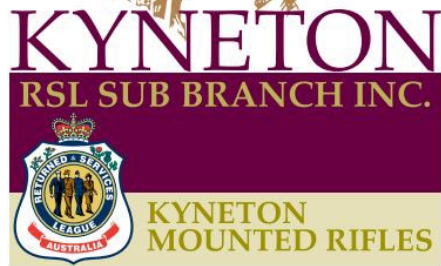
## BROADHURST

Macedon Ranges | Central Highlands | Spa Country



**Thank You for your donation.**

**2023**



**Macedon Ranges  
Ag Machinery**  
Kyneton



**Shea Family**

**Beryl Tobin**

**Michael O'Sullivan**